

Miss. Poole's Grade 3/4 Choice Board (1/2)

Reading	Writing	Math	Phys. Ed.	Science	Social Studies	Wellness	Art/Music
Play Dreamscape or Squiggle Park for 1 hour (two 30 minute blocks).	Log into <i>Typing.com</i> and complete 3-4 lessons.	Play Dreambox for 1 hour (two 30 minute blocks).	Go outside and play for 30 Minutes.	Find a science experiment online and carry it out at home.	Create a map of your bedroom from a bird's eye view. Make sure to title and label your map.	Complete a Cosmic Kids Yoga video.	Create a playlist of your favourite songs. Draw an album cover for your playlist.
Find an object around the house starting with each letter of the Alphabet.	Write a letter to a friend at school or a neighbor.	Pretend you have \$20. Go through the flyers (online or paper) and see how much you can buy with your budget. Add up your total or subtract each item from your \$20.	Complete a 'Deck of Cards Workout'. Select 10 cards from a deck of cards. Hearts are Burpees, Diamonds are Sit-Ups, Clubs are Jumping Jacks and Spades are Mountain Climbers. Do the number of exercises shown on the card (face cards are 10).	Go outside and find an item (leaf, pinecone, flower, etc.). Bring it inside, and do some research on what it is (it's scientific name, where it's native to, etc.). Create a journal entry by drawing your specimen and writing down what you learned.	Find a recipe online from another part of the world that you have never tried before. Help your guardians prepare this meal and enjoy it together.	Find a Mindfulness video on the 'Mental Health Teacher' Youtube page and follow along.	Listen to your favourite song with your eyes closed. While it's playing, let your pencil glide along a piece of paper, following the rise and fall of the music. Once the song is done, colour in your abstract piece of art.
Read for 30 minutes.	Hide 5 items around the house. Create a scavenger hunt with clues for your family.	Place Value Dice - Biggest or Smallest Number.	Complete a Cosmic Kids Yoga video.	Find different leaves, pinecones, pine needles, etc. outside. Create 'nature brushes' and paint a masterpiece.	Find a tradition celebrated in another part of the world. Do some research and share what you learned with your family.	Create your own fidgets at home using materials you can find around the house.	Using old magazines and books, cut out images that you relate with and create an 'all about me' collage poster.

Miss. Poole's Grade 3/4 Choice Board Continued (2/2)

Reading	Writing	Math	Phys. Ed.	Science	Social Studies	Wellness	Art/Music
Find each of your weekly spelling words around the house (magazines, flyers, books, cereal boxes, etc.).	Help plan your weekly grocery list. Write down the items on a list.	Check the time on the microwave 5 times throughout the day. Each time you check the digital clock, draw the time shown on an analog clock.	Create a Dance Routine or Obstacle Course.	Collect different leaves from outside. Place them underneath a piece of paper and shade over top of them using a crayon. Using the internet find out what kind of leaves you have found and label each shading.	Go on Atlantic Canada's First Nations Help Desk and learn some Mi'Kmaq vocabulary words.	Find a mandala colouring page online and print it out. Put on your favourite music and colour in the design. If you do not have a printer - draw a zentangle design using 'famous lines' and colour it in.	Using pots and pans around the house, create your own drum set. Compose a song and perform it for your family.
Write a list of 'Vanilla' words. Use a thesaurus to find 'Rocky Road Fudge Ripple Caramel Swirl Words' to replace them.	Create a puppet(s). Write a script and perform a puppet show for your family.	Practice skip counting (by 2's, 3's, 5's, 10's, 25's and 100's) and your multiplication/ mental math (doubles, doubles + 1, friends of ten, etc.) facts.	Complete a Superhero Workout or PE Bowman video.	With pieces of recycling you can find around the house, make a bird feeder. Observe the birds who come to eat and do research to find out their scientific names.	Create a timeline of your life. Include important dates and events that have happened to you (i.e. moving to a new place, when you started a new sport, etc.)	Perform an 'Act of Kindness' for someone in your family (doing a chore, making a snack, giving a compliment, etc.).	Using pieces of recycling (cans, bottles, cardboard, paper, bottle caps, etc.) create a sculpture.

<https://go.playdreamscape.com/> (Dreamscape - Reading)

<https://www.typing.com/student/login> (Typing - Writing)

<https://play.dreambox.com/login/knjs/bdwa> (Dreambox - Math)

<https://www.youtube.com/c/CosmicKidsYoga> (Cosmic Kids Yoga - Phys. Ed.)

<https://www.youtube.com/user/Glennhigginsfitness> (Superhero Workouts - Phys. Ed.)

<http://firstnationhelp.com/> (Mi'Kmaq Vocabulary Words - Social Studies)

https://www.youtube.com/channel/UCIX_dbLC_bbHXksbZyuPdQQ/community (PE Bowman - Phys. Ed.)

<https://www.youtube.com/channel/UCFmUuRhirRUPRtROX0KiQcw> (The Mental Health Teacher - Wellness)

