## **COVID-19 Potential Exposure**

### Potential COVID-19 exposure: Miramichi Rural School

### ALL K-8 STUDENTS are required to rapid test daily until at least December 30, 2021.

Public Health will NOT be contacting you by phone.

These are the steps your child must take:

<b>RAPID POINT OF CARE TESTING</b> This applies to both vaccinated and unvaccinated individuals.		
Your child is required to participate in daily rapid testing.		
1.	Administer a rapid test to your child at home immediately after receiving test kit.	
2.	. Do a second test the next morning. If both tests are <b>negative, and they have no symptoms, they may return to school</b> , childcare, and other activities.	
3.	. Continue to do a rapid test every morning before going to school.	
4.	Every morning, if your child does not have symptoms and their rapid test is negative, they can attend childcare, school, and other community activities.	
5.	If ONE symptom appears, or if the rapid test result is positive, your child must isolate immediately and <u>book a</u> <u>COVID-19 PCR test online.</u> Call 811 if assistance needed.	
6.	6. Public Health will determine when daily rapid testing may be stopped for your child.	
	<u>î</u>	NOTE: If your child does not participate in the rapid testing program:
		1. They must isolate at home, and must not attend school, childcare, or other school or community activities.
2		2. <u>Book a COVID-19 PCR test online</u> for your child's <b>Day 10 PCR test</b> : December 26,2021
		3. If one symptom develops, they will book a COVID-19 PCR test online immediately.
		4. Their <u>isolation</u> ends when informed by Public Health.

### This order is being given to you by Public Health under the authority of the Public Health Act and is required to be followed.

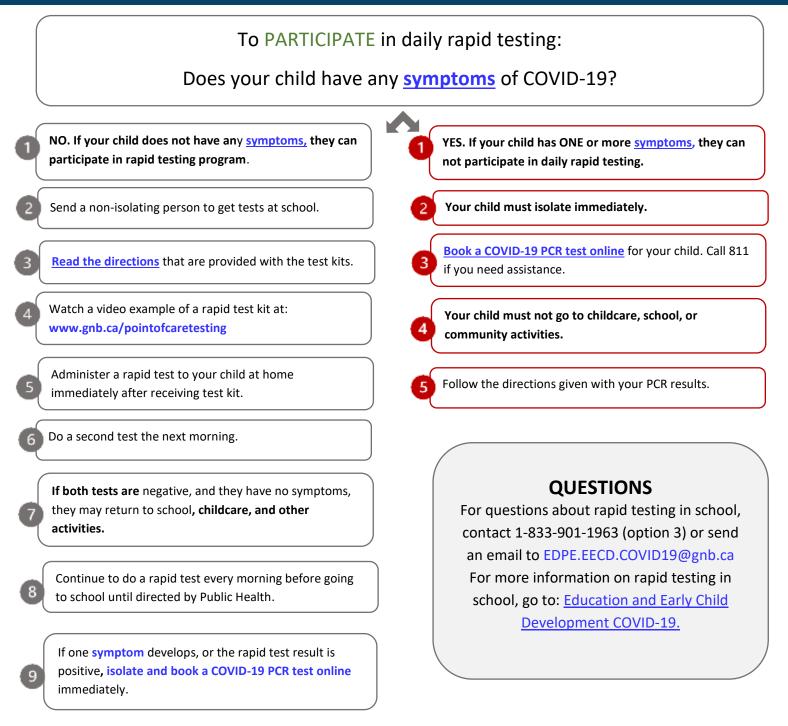
#### Dr Andrew Salmon RMOH

Note:

- This guidance does not apply to children who are contacts of a COVID case in their home, or to children less than 2 years old. These children are required to isolate.
- If your child had COVID-19 and has completed their isolation period, they do not have to test or isolate for 90 days after the date of their positive test.



# **COVID-19 Potential Exposure**



#### How to Self-Isolate if ONE symptom develops, or the rapid test result is positive:

- Stay home and avoid contact with other household members (especially those who are not vaccinated).
- Wash hands often and wear a mask if you briefly need to share a common space.
- Other household members may go to work, school, etc. If anyone in the household starts showing symptoms, they should isolate and get tested for COVID-19.

